Dr. Oweis Al-Awayesheh – Surgery Clinic

Islamic Hospital – Outpatient Clinics, 4th Floor, Al-Abdali, Amman, Jordan

Pre-operative Patient Instructions

1. Please shower before coming to the hospital. Do not apply creams or powder, and remove nail polish and makeup.
2. If your surgery is in the morning: do not eat or drink after midnight. If your surgery is in the afternoon: you may have a light breakfast, so that you have fasted from food for 6 hours before surgery and from liquids for at least 2 hours (water and clear juice only).
3. Avoid fizzy drinks, concentrated juice, chewing gum, sweets, and milk for at least 6 hours before surgery.
4. Refrain from smoking for at least 24 hours before surgery.
5. Take your usual medications on the day of surgery with a small sip of water – EXCEPT diabetes medications and blood thinners, which must be discussed with your doctor: taking blood thinners may lead to postponing your surgery.
6. Please wear comfortable clothes when you come, so they are suitable for you after the operation.
7. Do not bring valuables such as jewelry or cash.
8. Do not bring electrical devices.
9. Please settle the financial obligations of the operation so that your surgery is not delayed or postponed.
10. If you are allergic to any medication, please inform your treating doctor and the anesthesiologist.
11. On arrival at the hospital, please go to the Admission Department on the ground floor; its staff will complete your admission papers and guide you to the operating theatres or the ward.

When you come to the hospital, please bring:

- All X-rays/imaging and laboratory tests you have.
- All medications you take, so the treating doctor and anesthesiologist can review them.
- Your glasses (not contact lenses) and your hearing aid (if you have one).
- Pajamas / robe / light shoes / toothbrush / comb / soap.

If an emergency occurs or you are unwell on the day of surgery, please inform us by contacting the treating doctor or the operations duty officer: +962 6 5101010 – Ext.: mornings 41096 · evenings 0787770411.

Surgery day: ..... **Date:** ..... **Time:** .....

Wishing you a smooth surgery and a speedy recovery

Dr. Oweis Al-Awayesheh – +962 79 532 8841 · +962 6 5101010 ext. 2239 · owise-ali-83@hotmail.com